

UPPER SECONDARY

AGE: 14–18

INTRODUCTION

DELIVERY



STOP AND THINK



STAY TOGETHER



FLOAT



CALL 999/112

PERSONALITY QUIZ: LEADER OR FOLLOWER?

LEARNING OUTCOME:

1

A fun test to see whether you are a leader or a follower

Time: 10 mins | Format: Classroom activity | Maximum participation: 35



Lifeboats

INTRODUCTION

This short true or false personality test makes a fun activity to use in conjunction with one of the other activities to start a conversation around peer pressure and risky behaviour. Note: there is no psychological grounding in this test and it should only be used to stimulate conversation.

DELIVERY

- This test can be printed in advance if you are delivering this in a low/no tech environment.
- Students should complete this alone, either on-screen if they each have access to the interactive version, or as a print-out.
- Results should be compiled and shared with the rest of the class to see whether the 'leaders' in the group are the students everyone predicted they would be.

RESOURCES REQUIRED

- ✓ Personality test
interactive quiz

LOW TECH OPTION

- ✓ Print outs of Personality
test interactive quiz

1. I love being the centre of attention at a party
2. I love giving people my opinion on things
3. I can usually convince people to do exactly what I want them to
4. I am very decisive
5. I always like to be in control of a situation and can never let myself go
6. I never let my friends decide which movie we go and watch. I always choose
7. When I'm in a situation and don't know what to do, I never just follow someone else
8. I don't like being criticised by other people
9. If I want something done properly, it's best to do it myself!
10. I feel a bit sulky when I don't get chosen as team captain by the teacher

**TRUE
OR FALSE?**



DELIVERY

MOSTLY TRUE

It sounds like you are a natural leader. Just be sure to listen to what others have to say. Just because their voice isn't as loud as yours, it doesn't mean their opinion is any less valid.

MOSTLY FALSE

It sounds like you're happy to go with the flow. Just be careful your easy going nature doesn't let you get pushed into things you don't really want to do.